

South Shore Yacht Club

Sailing Instructions, Revision 2



Crew of 2 Around Catalina Yacht Race

24 - 25 July 2010

Newport Beach, CA

1. ORGANIZING AUTHORITY
 - 1.1. South Shore Yacht Club (SSYC) is the organizing authority for this Race.
2. RULES
 - 2.1. This race will be governed by the rules as defined in the International Sailing Federation (ISAF) Racing Rules of Sailing (RRS) 2009-2012 and as defined in the Sailing Instructions posted on the South Shore Yacht Club (SSYC) website www.southshoreyc.org
 - 2.2. The Performance Handicap Racing Fleet (PHRF) Marine Industry Racer (MIR) rule shall not apply to any fleets in this event.
 - 2.3. All boats must meet US Coast Guard requirements appropriate to their vessel.
 - 2.4. All PHRF monohulls must comply with the PHRF Category 2 Standard Equipment list. All XS Racing monohulls must comply with XS Racing equipment list.
 - 2.5. All multihulls shall comply with their class equipment list; XS Coastal Racing Equipment list or ORCA Ocean Racing Catamaran Equipment list.
 - 2.6. All Beach Cat entries shall additionally carry: running lights, 2 paddles or 2 Hp motor, flare kit, die marker, and each crew member must wear a USCG approved PFD with attached strobe light, one hand held flare, whistle and die marker.
 - 2.6.1. Skipper and crew must all be 18 years of age or older.
 - 2.6.2. Each entry will sign a liability release form
 - 2.6.3. Each vessel shall additionally carry: running lights, 2 paddles or 2 Hp motor, flare kit, die marker, and each crew member must wear a USCG approved PFD with attached strobe light, one hand held flare, whistle and die marker.

- 2.7. In addition to complying with their class and equipment rules including Shadow Boat Class, all boats shall carry a GPS, hand held 2-way VHF marine band radio, and a cell phone in a water tight container.
- 2.8. Only the same two crew members are permitted on the boat during the race.
- 2.9. SSYC reserves the right to refuse entry to boats under Rule 76.1 (Exclusion of Boats or Competitors).

3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on www.southshoreyc.org under "Racing" and sent via email to addresses provided on the entry forms.
- 3.2. A Skipper's Meeting will be held at the SSYC clubhouse at 1900 hours, July 23, 2010.
- 3.3. Any change to the Sailing Instructions will be posted on www.southshoreyc.org before 0900 hours on the day of race.
- 3.4. Any change to the schedule of the races will be posted on www.southshoreyc.org by 1900 hours on the day before the race.

4. SCHEDULE

- 4.1. 11:55 AM Preparatory Warning;
- 4.2. 12:05 PM Class A, Start Code Flag 1, Around Catalina Island, PHRF RLC less than 30.
- 4.3. 12:10 PM Class B, Start Code Flag 2, Around Catalina Island, yachts with LOA greater than 35 foot.
- 4.4. 12:15 PM Class C, Start Code Flag 3, Around Catalina Island, yachts with LOA less than or equal to 35 feet.
- 4.5. 12:20 PM Class D, Start Code Flag 4, Around Ship Rock (off Catalina Island) Spinnaker.
- 4.6. 12:25 PM Class E, Start Code Flag 5, Around Ship Rock (off Catalina Island) Non-spinnaker
- 4.7. The US Sailing RRS 26, five (5) minute start sequence will be used for all starts.

5. THE COURSE

- 5.1. There are three courses in this race:
 - 5.1.1. Around Catalina Island racers will start off the Balboa Pier in Newport Beach, CA and sail around Catalina Island, leaving Catalina Island to port, and returning to the Balboa Pier. Unrestricted as to selection of headsails. For scoring purposes, the handicap distance is 90 nautical miles.
 - 5.1.2. Around Ship Rock Spinnaker racers will start off the Balboa Pier in Newport, CA and sail around Ship Rock, just west of Catalina Island, leaving Ship Rock to port, and returning to the Balboa Pier. For scoring purposes, the handicap distance is 63 nautical miles. Unrestricted as to selection of headsails. NOTE: Avoid the reef in the vicinity of Ship Rock.
 - 5.1.3. Around Ship Rock Non-Spinnaker racers will start off the Balboa Pier in Newport, CA and sail around Ship Rock, just west of Catalina Island, leaving Ship Rock to port, and returning to the Balboa Pier. For scoring

purposes, the handicap distance is 63 nautical miles. Spinnakers (including asymmetricals), gennakers are not permitted. A jib may be attached to whisker pole or spinnaker pole. For PHRF classes, maximum jib size is per rating certificate; for all others maximum jib size is 155% (This modifies RRS 50). Double head sails are permitted. NOTE: Avoid the reef in the vicinity of Ship Rock.

6. START AND FINISH LINES

- 6.1. The Start Line will be between the orange flag on or near the Race Committee boat and the inflatable orange buoy located approximately 200 yards West of the Balboa Pier.
- 6.2. The Finish Line will be between the orange flag on the end of Balboa Pier and the inflatable orange buoy located approximately 50 yards southeast of the Balboa Pier. Pass through the Finish Line leaving the Balboa Pier to port.
- 6.3. Boats crossing the finish line at night must call the Race Committee on VHF Channel 68 approximately 30 minutes before their arrival.

7. TIME LIMIT

- 7.1. Race Committee personnel will record times and a sound finish horn from until 1700 hours, Sunday, July 25, 2010 for the Catalina Island and Ship Rock courses. After 1700 hours, racers may record their own finish time and call them into South Shore Yacht Club, 949-646-3102, prompt 3 for racing. This changes Rule 35 and A.4.1.

8. PENALTY SYSTEM

- 8.1. Rule 44.2, the Two-turns Penalty, applies.

9. PROTESTS AND REQUESTS FOR REDRESS

- 9.1. A boat intending to protest shall comply with RRS 60 & 61.1 and notify the Race Committee at the finish line of their intention to protest and identify the other boat(s) involved.
- 9.2. Protests shall be on written forms, which are available the SSYC Race Committee at the clubhouse or on electronic forms, which are available through US Sailing at www.ussailing.org/judges. Protests shall be delivered within the Protest Time Limits in 10.3.
- 9.3. For protests to be valid, the Race Committee must have been advised of the intention to file a protest forms either at the time the protester finishes the race, or, if the Race Committee is no longer on station, at the time of the call (see 7.1). The protest time limit is 0900 hours Monday, July 26th. Protests must be deposited in the SSYC race entry mailbox before 0900 hours, July 26th. This changes RRS 61.3.
- 9.4. Notice will be posted on www.southshoreyc.org under "Racing" within 8 hours of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 9.5. Hearings will be held in the clubhouse room of SSYC or other venue selected by SSYC and will start as soon as practical.

9.6. Notice of protest by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1 (b).

10. SCORING

10.1. Scoring will be according to RRS A4.1 Low Point System.

10.2. PHRF Area D RLC Ratings will apply

11. RETIREMENTS

11.1. A yacht that retires from a race shall notify the Race Committee on VHF Channel as soon as possible, or shall telephone SSYC Race Committee at 949-646-3102, and then by pressing the prompt for racing.

12. PRIZES

12.1. Trophies will be awarded after the race on Sunday, July 25, 2010 at the SSYC/NBYC clubhouse, 1099 Bayside Drive (entrance to Balboa Island bridge), Newport Beach, CA. Presentations will begin at 1900 Hours. Refreshments will be served.

13. INSURANCE

13.1. Each participating boat shall be insured with a valid combined single limit watercraft liability insurance in an amount not less than \$300,000 personal injury and personal property damage of \$100,000.

14. DISCLAIMER OF LIABILITY

14.1. Competitors participate in this Race entirely at their own risk. See Rule 4 (Decision to Race). The Organizing Authority will not accept liability for damage or personal injury or death sustained in conjunction with, prior to, during, or after this Race. Each boat owner must sign a race entry form releasing all liability on the race organizers, their sponsors, contractors and anyone affiliated with the event.

15. CONTACT INFORMATION

15.1. The South Shore Yacht Club Race Committee may be reached at 949-646-3102, and then by pressing the prompt for racing.